



Home of the Healthy Cupcake

- ✱ Made From Beans – Nature's Superfood
- ✱ Higher Protein – Lower Carbs
- ✱ Good Fats – Coconut Oil
- ✱ Diabetic Friendly
- ✱ Low GI
- ✱ Low Sugar – we use natural sweeteners



All of our products have been developed using a core criteria to create superior products that not only taste good, but are the healthier choice nutritionally hands down.

We know people just want normal food. We get that. So we are taking the foods you know and love and re-inventing them, making them *more balanced, more nutritious, just as delicious and lower in calories* by up to 1/2 of the traditional versions.





Cupcake Comparison

NUTRITIONAL INFORMATION	YUM BAR CHOCOLATE CUPCAKE Per 100g	SARA LEE CHOCOLATE CUPCAKE Per 100g	YUM BAR CHOCOLATE CUPCAKE Per Serve (65 gram)
Energy	937 kJ	1590 kJ	740 kJ
	223 cal	cal	176 cal
Protein	7.2 g	3.7 g	5.7 g
Fat, total	15.2 g	16.3 g	12.0 g
- Saturated	10.9 g	8.9 g	8.6 g
Carbohydrate	5.6 g	55.3 g	4.4 g
- Sugars	0.8 g	40.0 g	0.6 g
Sodium	282 mg	402 mg	223 mg

**** 50 Times LESS Sugar**
**** Over 90% LOWER in Carbs**
**** Double the Protein**
**** Nearly Half the Calories**



Ingredients: (Chocolate Cupcake)

White beans, **egg**, vanilla bean extract, salt, erythritol (natural sweetener), coconut oil, cocoa powder, baking powder, baking soda, stevia extract (natural sweetener), cream cheese, xylitol (natural sweetener), butter.

Dairy Free Option Available